



## An Introductory Workshop on Faith-Based Counselling with Muslim Communities

Muslim psychologists at PsychCentral Psychological and Consulting Services have developed a program for Imams, Muslim community leaders and relevant stakeholders to gain basic counselling skills to respond to the growing needs of the diverse Muslim community. The program will provide an introduction of the Islamic framework for counselling and communication skills in a 2-day workshop.

PsychCentral will be delivering this course with the funding support of the National Centre of Excellence of Islamic Studies (NCEIS). The program is delivered under its community education partner, Happiness 4 Wellness. Supporting organisations include: Mission of Hope, The Islamic Council of Victoria, Islamic Women's Association of Queensland, and Crescents of Brisbane.

This program is a program designed to assist those involved working with the Muslim community, increase their counselling and communication skills, in order to serve the community better.

The program is free for Muslim working or volunteering within Muslim organisations or mainstream organisations that work with Muslim communities. A maximum of 3 individuals per community or not-for-profit organisation can attend for free.

Course content will be developed by the Muslim registered psychologists and intern-psychologists (8 in total) at PsychCentral.

### **FUNDED BY: National Centre of Excellence of Islamic Studies Australia**



<http://www.nceis.unimelb.edu.au>

<http://www.griffith.edu.au/arts-languages-criminology/griffith-islamic-research-unit>

### **Supporting Organisations:**



## **Who Should Attend:**

- ✓ Imams and Sheikhs
- ✓ Community Leaders
- ✓ Community Workers
- ✓ Youth Workers
- ✓ Muslim chaplains
- ✓ Mental health Workers
- ✓ Counsellors
- ✓ Volunteers in Muslim organisations

Anyone who is interested in registering for the program will be required to fill in the application form and it will need to be faxed once completed. Maximum of 30-40 participants per workshop.

## **Dates**

**Melbourne    Saturday 7<sup>th</sup> of November – Sunday 8<sup>th</sup> of November**

Venue: University of Melbourne

**Brisbane        Saturday 14<sup>th</sup> of November – Sunday 15<sup>th</sup> of November**

Venue: Multi Faith Centre, Griffith University

**Sydney         Saturday 5<sup>th</sup> of December – Sunday 6<sup>th</sup> of December**

Venue: Al-Ghazzali Centre Academy, 1021A Canterbury Road, Lakemba (next door to PsychCentral).

- ✓ Workbooks and Handouts will be made available.
- ✓ Lunch and refreshments will be included.
- ✓ All foods will be catered Halal.

Contact: [info@happiness4wellness.com](mailto:info@happiness4wellness.com) or call 1300 856 779

## **Course Facilitator:**

*Sr. Hanan Dover Facilitator is a Forensic Psychologist and Director of PsychCentral Psychological and Counselling Services <http://www.psychcentral.com.au> and Happiness 4 Wellness ([www.happiness4wellness.com](http://www.happiness4wellness.com)) She has completed four psychology degrees at the University of Western Sydney (UWS) and is the UWS Muslim Advisor. She is currently undertaking a Graduate Diploma in Family Dispute Resolution at the Institute of Family Practice under a scholarship award. She is also the President of Mission of Hope ([www.missionofhope.org.au](http://www.missionofhope.org.au)) and an Executive Committee member of the Psychology from an Islamic Perspective Interest Group of the Australian Psychological Society and UWS Psychology and Spirituality Society. Internationally, Hanan is on the Executive Committee of the International Association of Muslim Psychologists and an Advisor for the Journal of Muslim Mental Health. Hanan is also the Executive Director of PsychCentral Psychological Services and [happiness4wellness.com](http://happiness4wellness.com) with an interest in positive psychology and spirituality. Hanan has completed the Introductory Diploma of Islamic Legal Theory at Al-Ghazzali Centre for Islamic Sciences and is currently studying the Introductory Diploma of Islamic Sciences and a Diploma of Human Nature.*

*Hanan's research interests include: Islamic religiosity styles, attachment to God, Muslim spirituality, Muslim mental health, emotional wellness and wellbeing amongst Muslims.*



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## Application Form

### An Introductory Workshop on Faith-Based Counselling with Muslim Communities.

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Contact Telephone No:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Education:** \_\_\_\_\_

**Current Employment:** \_\_\_\_\_

**Community Role (if any):** \_\_\_\_\_

**Community Organisation:** \_\_\_\_\_

**Length of Time Working or Volunteering with Muslim Communities:** \_\_\_\_\_

**Details of Referee in Community Organisation (essential): Name:** \_\_\_\_\_

**Referee Contact Details (email and phone):** \_\_\_\_\_

**In 250 words or less, please inform us why you would like to undertake this workshop  
(please type your response before faxing)**

Empty response box for applicant input.

**Note: Successful applicants will be notified via email.**

Please fax your completed application form to **(02) 9759 9560**  
Happiness 4 Wellness / PsychCentral