

AMANAHA

1439 – 2018
No.3

Working together Hand in Hand



Help us Help those in Need



The Quraan on Zakaah

Alms are for the Poor and Needy
And those employed to administer the Funds
For those whose hearts are inclined in Islam
For those in bondage and in Debt
In the path of Allah
And for the Wayfarer
So has it been ordained by Allah
And Allah is full of Knowledge, the Wise.
(SURAH TAUBAH : Ayah 60)



“And be steadfast in Prayer, practice regular Charity; and bow down your heads with those who bow down (in worship).” – (Surah Baqarah : Ayah 43)

“Treat with kindness your Parents and Kindred, and Orphans and those in need; speak fair to the people; be steadfast in Prayer; and practice regular Charity.” – (Surah Baqarah : Ayah 83)

“And be steadfast in Prayer; practice regular charity; and whatever good ye send forth for your souls before you, ye shall find it with Allah: and Allah sees well all that ye do.” (Surah Baqarah : Ayah 110)

MCF Team 2018



Back row (Left to Right): Faisel Essof, Osman Rane (Vice President), Yusuf Khatree (President) Riyaad Ally, Ismail Bosthan, Hamza (Robbie) Maestracci, Javed Iqbal

Front row (Left to Right): Humza Pradhan, Sally Kuyateh, Janeth Deen (Treasurer), Fawzia Batty (Secretary), Fatima Gutta, Farouk Adam

*Working together
hand in hand*

*Help us help
those in need*

Presidential Statement

As-Salaamu-Alaikum

I begin in name of Almighty Allah, the Most Beneficent, the Most Merciful. Peace and Salutations to our beloved Prophet Muhammad (SAW). Alhamdulillah, this last year has seen the continued growth of the Muslim Charitable Foundation and the consolidation of the organisation in Brisbane.

The purchase of the property in Woodridge has served a tremendously useful purpose. The living quarters on the upper part of the property have been well utilised and prevented many people from sleeping out on the street - from individuals to families. It is also the collection point for all the projects that MCF is involved in.

The continued success of any charitable organisation depends on its generous donors. We are indeed grateful for these well-wishers for their generosity and trust that they place in us to continue the work that we have set out to do. May Allah bless and reward them and grant them immense Barakah.

We have a very close relationship with the Masajid throughout Queensland and appreciate and value their support. MCF was founded to carry the burden and responsibility of administering Zakaah, Fitra and Lillah donations. Our systems in place ensure that the monies are distributed correctly and timeously. Our sincere appreciation to the many Ulema whom we refer to for advice and guidance.

MCF will continue to attend to the needs of those in need locally and meet the objectives of the organisation. MCF has no paid staff and relies solely on volunteers. The fact that MCF is made up of a group of dedicated volunteers, to have achieved what we have achieved is highly commendable. The commitment and dedication of the members cannot go unrecognised. I want to place on record my sincere appreciation to all the board members for their commitment and unselfish dedication. MCF will continue working with the many organisations that it has developed a working relationship with, including the Masajid boards, NGOs and organisations that have similar aims and objectives – assisting those in need.

May Allah accept from us the work we do to earn His pleasure and we pray that Allah forgives us for any errors or omissions on our part. We pray for His guidance and assistance and that He allows the Muslim Charitable Foundation to prosper.

Was-salaam.

Yusuf Khatree

President

Last year's achievements

- MCF joined Islamic Council of Queensland as a member;
- Purchase of MCF House in August 2016.
- Publication of our Annual magazine in March 2017.
- Distribution of 200 Ramadan and Eid Food packs.
- Consolidation of the Clothing shop.
- Appointment of MCF as the organisation of choice to collect funds at Eid Salaah by ICQ.
- Established a working relationship with Brothers in Need to help and fund feeding the homeless in Roma Street Parklands.
- Commenced Breakfast Feeding scheme with Brothers in Need at Australian International Islamic College.
- MCF was part of the "It's in the Bag" project".
- MCF held a very successful Zakaah seminar which was very well attended.
- Collection and distribution of prayer mats and accessories for Muslim prisoners.
- Printed and distributed Ramadan time table.
- Halal Food Bank became a project of MCF.
- Breakfast feeding Scheme at Islamic College of Brisbane

MCF cases from 1st July 2016 to 30th June 2017

This financial year, our team investigated, visited, interviewed and recorded three hundred and twenty cases, twenty one more than the previous financial year. The number of cases is a constant reminder of the welfare problem in our local Muslim community. The vast majority of cases proved to be genuine with only a very small number that were rejected. All clients must produce bank statements to verify income and expenses. Most were recipients from the Zakaat account or General account if there arose any uncertainty about the case. Many clients have limited or no income and struggle to provide the basic necessities for their daily living.

They are struggling to survive from week to week on Centrelink payments or part time work. A great number of clients are stuck on Bridging visas with no work rights. Many are forced to seek help from Christian based organizations. Recently, more families have been denied visas, left with no income and forced to fend for themselves. They rely solely on charities for financial support. With constant increases in the cost of living, more people are finding it difficult to pay their bills for essential services, such as rent, electricity and gas. This is the largest single expense and many people just simply cannot afford it. This expense is growing every year.

We have also provided food hampers, food vouchers and donated meat to the most needy. A special drive was done during Ramadan and over a hundred hampers were distribut-

ed. May Allah s.w.t. reward all the donors Insha Allah. Single parent families are the most vulnerable and with an increase in separations, divorces, domestic abuse, homeless cases and family breakdowns, it is usually the mother or wife left to manage on a very limited income.

The purchase of our house has been a fantastic achievement with clients assessed there and provided with their needs, including food, clothes, and furniture. We have provided emergency accommodation for homeless people eleven times since purchasing the house. Others required urgent medical treatment, purchase of medical aids or payment of medical bills. We have teamed up with World Wellness Group who provides free medical treatment for the most vulnerable people who do not have access to Medicare benefits. MCF pays for the costs on a monthly basis for all the Muslim patients who visit their clinic.

Many of our clients are referred to us from Government support agencies, Imams, Mosque Societies, and organizations. Requests for help are received on a daily basis and much praise must go to all our members for helping with many of the cases. I must thank all those who have contributed in any way, and pray for those less fortunate and humbly ask forgiveness for any mistakes made during the year.

By Osman Rane (Case Officer)

320 cases investigated this financial year

Breakdown of the cases

Utilities/Electricity/Gas, water bills, etc.	179
Rent/Bond	47
Provided household goods/services	31
Medical Assistance	22
Madressah/School fees/Uniforms	11
Emergency accommodation	11
Rejected	7
Miscellaneous	12
Total	320

Many clients stuck on Bridging visas with **no work rights**.

More families denied visas.

Food, clothes, and furniture, medical treatment are provided by MCF

Sympathy and self-sacrifice: Lessons from the Sahabah

The Sahabah, as a class, were an embodiment of righteousness. They attained a standard that is rather difficult to emulate in a modern society. We would be fortunate if we really attain even a partial resemblance to their character. Some of their qualities are peculiarly their own, and self-sacrifice is one of these.

Allah has made a mention of this in the Holy Qur'an in these words.

“ They prefer others above themselves, even though poverty becomes their lot. (LIX: 9) ”

Feeding the Guest in Darkness

A Sahabi came to the Prophet (S.A.W.) and complained of hunger and distress. Just then, the Prophet (S.A.W.) had nothing in hand, or in his home to feed him. He asked the Sahabah: "Would anybody entertain him as a guest tonight on my behalf?" One of the Ansaar said: "O, Prophet of Allah, I will do that." The Ansari took the person to his house and instructed his wife: "Look here, this man is a guest of the Prophet (S.A.W.). We will entertain him as best as we can, and won't spare anything in doing so." The wife replied: "By Allah! I have got no food in the house, except a very little—something just enough for the children." The Ansari said: "You lull the children to sleep without feeding them, while I sit with the guest over the meagre meal. When we start eating, put out the lamp pretending to set it right, so that the guest may not become aware of my not sharing the meal with him." The scheme worked out nicely, and the whole family, including the children, stayed hungry to enable the guest to eat to his fill. It was over this incident that Allah revealed the verse:

"They prefer others above themselves, even though poverty becomes their lot (LIX: 9)."

There are quite a number of similar incidents about the Sahabah. The following is one of these:

Feeding a fasting Sahabi

One of the Sahabah was keeping fast after fast, as he could not get anything to eat. Hadhrat Thabit (R.A.) came to know of this. He told his wife: "I shall bring a guest tonight. When we sit at the meal, put out the lamp, pretending to set it right, and you are not to eat anything until the guest has taken his fill." The scheme worked out as in the last story. The husband and wife sat with the guest and the simple soul never suspected in the least that neither of them had partaken at all of the food, though their hands and jaws seemed to be moving all right. When Hadhrat Thabit (R.A.) repaired to the Prophet's (S.A.W.) presence next morning, he was greeted with the happy news; "O, Thabit! Allah has very much appreciated your entertainment of the guest last night."

Sahabi dying from thirst for others

Hadhrat Abu-Jahm-bin-Huzaifah (R.A.) narrates: "During the battle of Yarmuk, I went out in search of my cousin, who was in the forefront of the fight. I also took some water with me for him. I found him in the very thick of battle in the last throes of death. I advanced to help him with the little water I had. But, soon, another sorely wounded soldier beside him gave a groan, and my cousin averted his face, and beckoned me to take the water to that person first. I went to this other person with the water. He turned out to be Hishaam bin Abil Aas (R.A.). But I had hardly reached him, when there was heard the groan of yet another person lying not very far off. Hisham (R.A.) too motioned me in his direction. Alas, before I could approach him, he had breathed his last. I made all haste back to Hishaam and found him dead as well. Thereupon, I hurried as fast as I could to my cousin, and, lo! in the meantime he had also joined the other two."

Many an incident of such self-denial and heroic sacrifice is recorded in the books of Hadith. This is the last word in self-sacrifice, that each dying person should forego slaking his own thirst in favour of his other needy brother. May Allah bless their souls with His choicest favours for their sacrifice for others even at the time of death, when a person has seldom the sense to make a choice.

Helping the Needy

Rasulullah (s.a.w.) stated:

“Allah (s.w.t.) will not show mercy to him who does not show mercy to others.”

(Transmitted by Bukhari and Muslim).

Life is full of joys and sorrows. At one time or another, everyone experiences their share of joyous times and difficult times. We know that it is our duty to thank Allah (s.w.t) for our happiness and pray for His help and forgiveness in times of distress and sadness. However, it is also our Islamic duty to help others who may be experiencing difficult times. It is the duty of the strong to help the weak. It is the duty of the healthy people to visit and comfort the sick. It is the duty of everyone to take care of the less fortunate particularly orphans and widows. By sharing good and bad times, we become more than a community, we become a brotherhood. Many unforeseen circumstances occur in life that leaves people in need of help. Allah (s.w.t) tests the sincerity of our faith through such circumstances. For example, natural disasters, such as fires, earthquakes, hurricanes, and tornadoes, leave people homeless, without food or other belongings. Often, they have to build their lives from almost nothing. Due to an unstable economy, people may lose their jobs, as companies close down. Sometimes, people become disabled due to illness or an accident and lose the capacity to work. Their families may suffer great losses as a result. One can never tell when a situation may change things for the worse. Therefore, we should always be generous to those who are going through hard times and thank Allah (s.w.t) for His Mercy. Especially in times of prosperity, we must have compassion and sympathy for those who are suffering.

by Yasmin Raoufi



Islam has not differentiated in the service of mankind between Muslims & non-muslims

As long as a Muslim is helping others in providing them food, clothes, shelters and shows leniency to the indebted ones, Allah S.W.T shall help such a servant



**Help others
Allah will help you**

Mufti Ismail Menk

The importance and rewards of Sadaqah and Zakat

“ O you who believe! Spend of that with which We have provided for you, before a Day comes when there will be no bargaining, nor friendship, nor intercession. And it is the disbelievers who are the Zaalimoon (wrongdoers) (al-Baqarah 2:254) ”

In Islam, giving Zakat and Sadaqah (charity) has enormous rewards. The Quran verses and the Prophet's (s.a.w.) hadith attest to the fact that giving charity not only is an act of kindness toward the recipients but it has enormous benefits for those who give it including warding off life's challenges and problems and resulting in increase of one's wealth. The following sheds some light on such rewards.

Difference between Zakat and Sadaqah

First, let's clear up the distinction between Zakat (Zakah) and Sadaqah. Zakat is an obligatory (Farad) act and an important pillar of the Islamic faith. It is enjoined in Islam on specific things such as possession of gold, silver, crops, fruits, trade goods and livestock, i.e., camels, cattle and sheep. As Zakat is obligatory, this means that whoever dies and owes Zakat, his heirs must pay it from his wealth, and that takes precedence over the will (wasiyah) and inheritance. (Ref: <https://islamqa.info/en/9449>) With regard to Sadaqah, it is not obligatory on any kind of wealth; rather it is what a person can give, without any specific limits or guidelines.

Spend today while the market is still open

Allah tells us in the Quran that while we are still living and inhabiting the earth, we should give from our wealth to the poor. Every cent that we spend is recorded towards our good deeds and this will be used in the hereafter to judge us and may become the reason to lead us to Jannah. So, let's spend before it's too late and we get to the day with little to show for in our accounts. This is what Allah tells us in Surah Al-Baqarah. *“O you who believe! Spend of that with which We have provided for you, before a Day comes when there will be no bargaining, nor friendship, nor intercession...”* [Surah al-Baqarah 2:254]





The reward from Allah for giving charity

We all know from the Prophet's (s.a.w.) sayings about the numerous rewards associated with doing good deeds in general and how they get multiplied. However, for the rewards of giving charity and how they get multiplied, Allah singles out that act and mentions it in the Quran as follows: *"The likeness of those who spend their wealth in the way of Allah, is as the likeness of a grain (of corn); it grows seven ears, and each ear has a hundred grains. Allah gives manifold increase to whom He wills. And Allah is All-Sufficient for His creatures' needs, All-Knower."* [Surah al-Baqarah 2:261]

Don't expect worldly appreciation from your acts of giving

Unfortunately, many who give to the needy and the poor (especially from friends and family) keep reminding them of their act after giving to maintain some sense of superiority. Allah mentions in the Quran that for us to get the reward, we should refrain from indulging in such acts. This is what He says in the Quran: *"Those who spend their wealth in the Cause of Allah, and do not follow up their gifts with reminders of their generosity or with injury, their reward is with their Lord. On them shall be no fear, nor shall they grieve"* [Surah al-Baqarah 262]

Find a way to spend in Allah's cause daily for more blessings

Sadaqah and charity is not something that we should give only once in a while. Rather, we should try to find a way to give daily to the needy, even if it's little. If only we knew the blessings and rewards from such acts and how Allah saves us from life's daily problems, we would give daily. In one of the hadith that was narrated from Abu Hurayrah (r.a.), he mentioned that the Prophet (s.a.w.) said: *"There is no day on which the people get up but two angels come down and one of them says, 'O Allah, give in compensation to the one who spends (in charity),' and the other says, 'O Allah, destroy the one who withholds.'" (Narrated by al-Bukhaari, 1374; Muslim, 1010.)*

Spend in charity if you want Allah to spend on you

Let's remember that regardless of our financial situations, we all want Allah to spend on us. So, the prophet (s.a.w.) reminded us of this by saying that if we want Allah to spend on us, then we should spend on others. It was narrated from Abu Hurayrah (r.a.) that the Messenger of Allah (s.a.w.) said: *"Allah said: 'Spend, O son of Adam, and I shall spend on you.'" (Narrated by al-Bukhaari, 5073; Muslim, 993.)*

Spend only from Halal and Legal money

An important point about giving is that when doing any acts of kindness, we should spend only what is earned in a good way. We can't for example earn haram (illegal) and then give it in a good cause such as charity. In one of the hadith, the Prophet (s.a.w.) said, *"O people, Allah is pure and he accepts only what is pure."* In another hadith, it was narrated that Abu Hurayrah (r.a.) said: The Messenger of Allah (s.a.w.) said: *"Whoever gives charity equal to a date from good (halal) earnings – for Allah does not accept anything but that which is good..." (Narrated by al-Bukhaari, 1344; Muslim, 1014.)*

Your wealth won't be reduced

Many of us hesitate to give using the excuse that we don't have enough to give. However, if we think about what Allah and the prophet (s.a.w.) promised us for the rewards of giving, we should do whatever to give whatever little we can. Consider what the prophet (s.a.w.) said in this regard. Abu Huraira (r.a.) reported that the Messenger of Allah, peace and blessings be upon him, said, *"Charity does not decrease wealth, no one forgives another except that Allah increases his honour, and no one humbles himself for the sake of Allah except that Allah raises his status."* (Source: Sahih Muslim 2588)

Youth outreach

These problems of law-breaking, drug/drink using youth effects our entire community and as such these are community issues that a few individuals simply cannot tackle.

The last year MCF's outreach work has been running at a pace that can only be described as flat out. As word of mouth spreads that help is available, the number of cases continue increasing as does the need for increased community awareness into the problems many of our Muslim Brothers and Sisters are facing at home, especially when it comes to dealing with rebellious youth.

More and more often, I find myself answering the phone to someone's desperate mother, begging me to please help her child, who is usually facing criminal charges and jail, generally as a result of a new found drug/drink habit as well as hanging around a bad group of friends. Mostly I find neither parent nor child understands the legal system here at all, and much of my time is spent taking families back and forth to see lawyers as well as to court days for sentencing. Single Mothers are most often the victims of these little renegades, who show very little respect for their families, the laws of this country, our religion or anything else. In fact, in the last year of work, I can't think of even one example where the father was present in any of these situations.

More often than not I find these young offenders to be completely ignorant as to the laws and repercussions relating to their crimes. I've had an example of one 13 year old boy pointing a replica pistol at a girl to relieve her of her mobile phone. Completely baffled to find out he might be looking at a jail sentence of around 5 years.

As an outreach worker I talk with the families and the children involved and try to identify opportunities to make referrals to different organisations that are best funded to help. Unfortunately the young people involved are very often reluctant at best to make any efforts to change and I find my efforts more focused on the families and providing strategies and counselling solutions that allow them to cope better with the bad choices their kids are making.

It seems as though our community has its eyes tightly shut with fingers in our ears blocking out some pretty big issues facing us and our neighbours.

It's easy to gossip and finger point at the neighbours kids when you know they are out causing trouble, but how about inviting the kid out to the movies or spending some time speaking with these families to see if we are able to assist? These problems of law-breaking, drug/drink using youth effects our entire community and as such these are community issues that a few individuals simply cannot tackle. We all need to put our thinking caps on and reach out a little.

Single Mothers are most often the victims of these little renegades, who show very little respect for their families, the laws of this country, our religion or anything else.

To give an example of people falling through the cracks. I was called and invited to come along to meet a sister who is requiring help. The sister is a single mother of 8 children, originally from Congo. Two of her children are grown the other 6 are at home the youngest is 2 and the oldest is 14. The sister has been through a lot of trauma back in Africa, from having to walk across parts of Africa with her children, to having her only home stolen off her by family. She had been tied up like an animal and forced to sleep outside. She suffered so much that one day she walked to the ocean with her children with the intention of them all drowning. Someone stopped her that day Alhumdulillah. She was even refused entry into a refugee camp in Africa because they said she was too young to be the mother of her children and thought she was lying to them. She met a man who married her there and then they came to Australia. He was Christian but converted to Islam to be with her. He is the father of her other 5 children. When they arrived in Australia from what I can gather he turned his back on Islam and refused to let their oldest son 14, be called by his birth name Abdulla.

She received a small amount of money from the government when she had their newest baby; he took it all and said he was going to Africa to start a big business so they can look after the kids comfortably. He went over there and married someone else with that money. After much time she pleaded with him to come home, she had to take out a loan to pay for him to get back. When he came back he made her take out another loan to buy him a car so he could work. He ran away to Coffs Harbor and now works sending all his money overseas to his new wife. He refuses to give her a divorce and of course pays no child support. The money she receives from Centrelink is not enough and she very often goes to sleep with no food in her stomach. She cries at night and first thing every morning. Her oldest son will have water instead of dinner some nights and does not complain. The local Christian group often came along to give dawah to the family and sometimes take them to church. The sister ended up leaving Islam. After spending two weeks assisting her with a little bit of food and helping her to pay her bills, without any prompting the sister re-took her Shahada.

Other projects that MCF have assisted

- We have provided emergency accommodation for ladies who have experienced traumatic events in their lives. This has given them the opportunity to try and normalise their lives and then find suitable accommodation elsewhere.
- We assisted a single young man who is an amputee and also a heart attack victim. MCF assisted by spending some time with him and also by taking care of some of his outstanding living expenses (which he was unable to cover due to his condition).
- We have assisted a man who suffers from multiple injuries to his legs inflicted from bomb blasts. He has undergone numerous surgeries overseas and here in Australia. We have assisted him with surgery fees, hospital care and specialist care. He now needs to see a Neurosurgeon for a spinal condition. He also has an appointment with the podiatrist to have custom made footwear. He is in constant pain and due to his low income from Centrelink he is unable to afford these expensive surgeries.
- We have been assisting with rent bills, electricity bills, etc. for families whose visas have been rejected and are now appealing in the courts. During this long process they are denied all benefits and have to rely on various charities for food and basic necessities.
- We assisted a single mother with 2 children. She suffers from a debilitating, serious and persistent skin condition which involves the use of expensive medications to control. MCF utilised your donations to provide financial aid enabling her to both pay for medications and to cover outstanding rental bills.
- Through our community youth outreach program, the Muslim Charitable Foundation was able to assist a young brother with his battle against substance addiction. Contact was made with the brother during routine community outreach activities. After the initial contact, a sustained effort was made to stay in contact with the brother to provide council and support. With Allah's help, daily moral support and coaching saw a change in the brother's lifestyle. To assist the brother with his lifestyle change he was given

- temporary accommodation in the MCF house for about 8 days, while helping him look for shared accommodation. He now attends the mosque regularly and his condition has greatly improved. May Allah reward all of the MCF donors abundantly In Sha Allah. If you would like to donate to MCF please use the bank details on our website: www.mcfaustralia.org.au
- A family tearfully explained that they could not afford the hefty costs for the expert childcare needed to treat their autistic 3 year old son. The family arrived in Australia 3 years ago on bridging visas with 2 young boys. They are not eligible for childcare rebates on their visas. MCF paid for a three month expert childcare trial and new assessments were then made. The results were that he has made significant progress in relation to his social and emotional development. The joy and emotion expressed by his mother when MCF agreed to continue to pay the childcare fees was overwhelming.
- MCF utilised your donations to provide a single mother with 3 children with a basic bed and a basic washing machine. The washing machine will In Sha Allah help the family to maintain a healthy hygiene level and also for the children to obtain a restful sleep.
- We have provided furniture, household items, clothing, food and basic necessities to many in need.

There are Muslims in need right here in Australia, in need of financial help, in need of someone to talk to, for someone to ask advice from or just in need of a friend. Please let's each and every one of us put ourselves out there a little more and at the very least get to know our neighbours and what their needs might be. As far as my intentions working with MCF over the next year are concerned, I hope to provide more educational type programs focused around criminal law as well as structured programs that tackle issues like anger management issues, low self-esteem and victim empathy.

As always please consider me, (Robbie) Hamza your humble community servant and reach out through MCF for any problems you are having at home.

by Hamza (Robbie) Maestracci

O believers, indeed wine, gambling, idols and divining arrows are an abomination. These are the Satanic acts, so avoid them completely so that you may prosper. (al-Maidan) 5:90. The Holy Qur'aan

ALCOHOL | HARAM

NO ALCOHOL! ABSOLUTELY AND POSITELY

Alcohol, as well as Being Haram, can lead to three types of liver conditions:

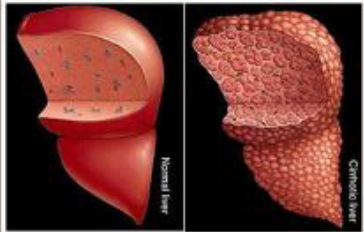
Fatty Liver, Hepatitis, and Cirrhosis

Did You Know??

- Alcohol contributes to 100,000 deaths annually
- Alcohol can affect virtually every organ in the body, since it is absorbed directly into the bloodstream
- Alcohol can lead to unsafe behaviour, and even death
- Alcohol has many side effects
- Drinking, even at moderate levels, can put you at risk of serious health and social problems
- Alcohol interacts negatively with more than 150 medications

**Every intoxicant is a vice
and every vice is forbidden**

ALCOHOL LIVER DAMAGE



O You who believe! Intoxicants and gambling, (dedication of) stores and divination by) arrows are an abomination of Satan's handwork. Avoid (such abominations) so that you may prosper. - (Holy Qur'aan)

DRUGS | HARAM

Drugs are Haram. It is necessary to abstain from them. They ruin people's lives physically, mentally, morally and spiritually. If anyone is involved with drugs they should:

STOP IMMEDIATELY AND SEEK HELP.

Did You Know??

Common Effects Of Drug Abuse:

- Impaired memory and learning ability
- Poor concentration, confusion
- Panic attacks
- Flashbacks
- Depression

Physical Effects

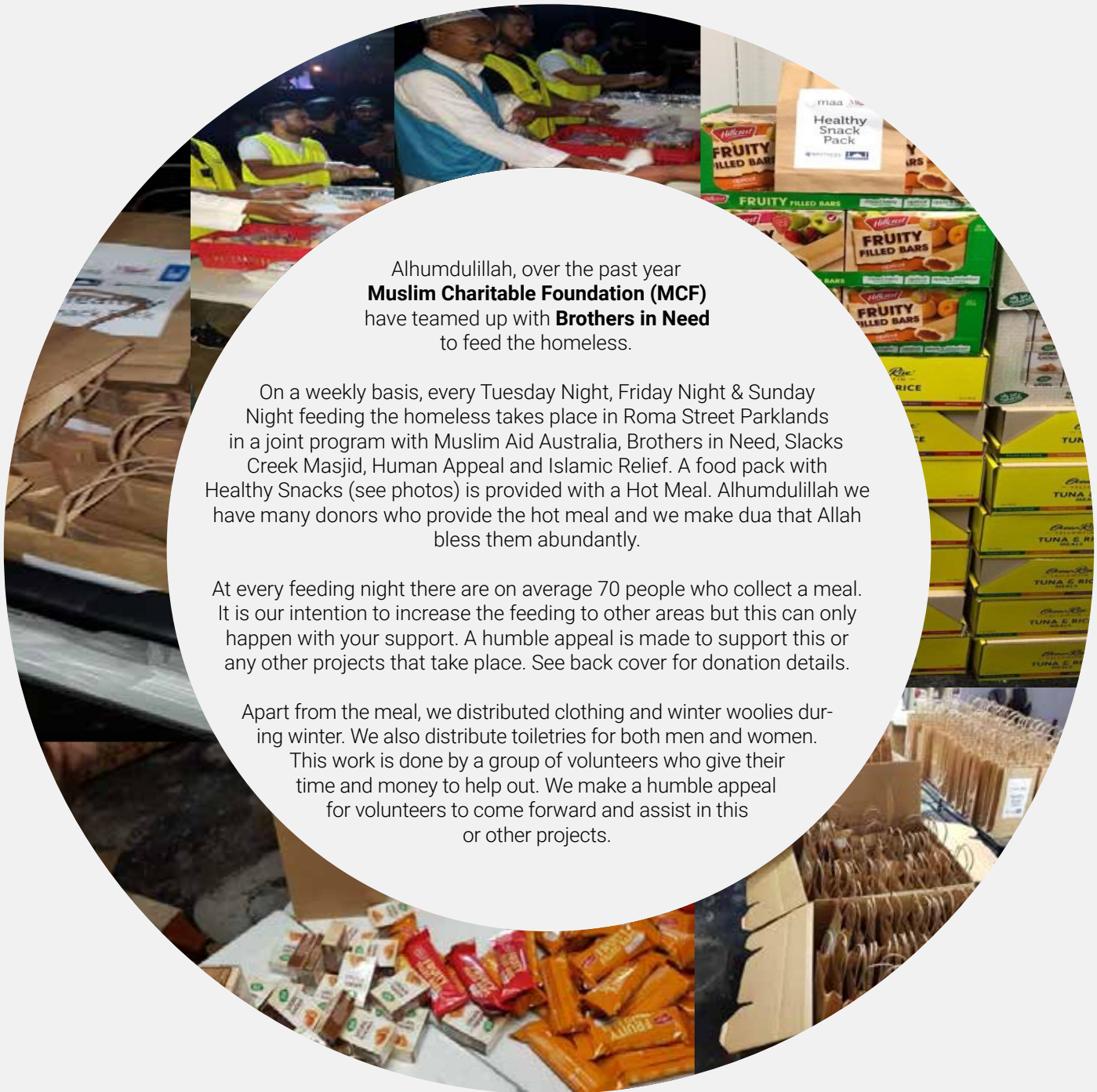
- Changes in heart rate and blood pressure: lowered from depressants and elevated from other drugs
- Loss of appetite, abnormal weight loss
- Increased body temperature
- Danger to heart, liver and kidneys
- Chest pain, stomach cramps

Drugs will kill you!



Drug Use is Life Abuse!

Feeding the homeless



Alhumdulillah, over the past year
Muslim Charitable Foundation (MCF)
have teamed up with **Brothers in Need**
to feed the homeless.

On a weekly basis, every Tuesday Night, Friday Night & Sunday Night feeding the homeless takes place in Roma Street Parklands in a joint program with Muslim Aid Australia, Brothers in Need, Slacks Creek Masjid, Human Appeal and Islamic Relief. A food pack with Healthy Snacks (see photos) is provided with a Hot Meal. Alhumdulillah we have many donors who provide the hot meal and we make dua that Allah bless them abundantly.

At every feeding night there are on average 70 people who collect a meal. It is our intention to increase the feeding to other areas but this can only happen with your support. A humble appeal is made to support this or any other projects that take place. See back cover for donation details.

Apart from the meal, we distributed clothing and winter woolies during winter. We also distribute toiletries for both men and women. This work is done by a group of volunteers who give their time and money to help out. We make a humble appeal for volunteers to come forward and assist in this or other projects.

For more information you may contact:
Br. Yusuf Khatree 0401 246 228
Br. Moemin Dawood 0416 084 504
Sr. Fawzia Batty 0405 035 786



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Phone 07 3378 8698

Toowong Village
Phone 07 3870 8118

Ramadan food pack



Last year the Muslim Charitable Foundation's Ramadan Food Pack was a tremendous success. With the overwhelmingly generous support of the community we were able to pack a total of 200 boxes and these were distributed before Ramadaan. A spokesperson for MCF said it was a humbling experience to witness the community come together so generously to ensure that the less fortunate locals would have some food to help them through our holiest month.

Insha Allah we will be doing the same this year and we make a humble appeal to support this generously. Bank details on the back cover. May all those who have contributed to this project in anyway be ABUNDANTLY blessed. Aameen.





Muslim Charitable Foundation

Muslim charity organisations helping local farmers



The ongoing drought in western Queensland has impacted local farmers severely as they struggle to support their livestock and their families. Muslim Aid Australia (MAA) has partnered with the Muslim Charitable Foundation, Islamic Society of Gold Coast, and ICare to help Aussie farmers in their time of need by trucking hay bales from the border of Victoria and New South Wales to farmers in west Queensland.

Farmers impacted by drought often struggle to ask for help and many, due to the financial strain of trying to keep the farm afloat, also battle mental health issues. Due to the overwhelming support from the Australian Muslim community MAA was able to collect \$4,000 to deliver 2 trucks of hay bales to the farmers. The hay bales will travel from Darlington Point, NSW to Cunnamulla, QLD on 26th January 2018. The team at MAA would like to thank all of the generous donors and supporters for their help in making this possible.

Working together to create global change: Rohingya emergency appeal



The persisting humanitarian crisis of the Rohingya minority in Myanmar has been a global concern with fears of organised mass violence against them.

With the recent attacks against the Rohingya's in Myanmar starting again, the situation has escalated with thousands being killed and displaced and an estimated 700,000 people fleeing to Bangladesh to seek safety. MAA and MCF helped to address the humanitarian crisis by providing food, medical aid, water, shelter, and long-term impactful aid to those currently displaced in Myanmar and Bangladesh.





Muslim Charitable Foundation

Ramadan and Eid Distribution for Palestinians in Gaza

Denied freedom of movement, 1.7 million Palestinians are stuck in limbo, unable to enter or leave the Gaza Strip. As a result, they lack access to adequate medical care, and the ability to work and pursue education abroad.

Every year MCF and MAA together bring hope to the Palestinian lives by focusing our efforts on addressing the needs of those currently affected. In Ramadan 2017, MCF provided Zakat al Fitr to thousands of Palestinians to ensure they were able to celebrate their Eid with the rest of the world.





Muslim Charitable Foundation

Somalia emergency appeal

During the first quarter of 2017 More than 6 million people in Somalia were in need urgent humanitarian assistance and protection from famine. The extreme food insecurity has been caused by collapsing economies, conflict, and climate shocks. Catastrophic drought ruined crops and killed millions of livestock. MAA and MCF responded to the call for help by providing life-changing essential food and water to those affected, helping thousands of beneficiaries in Somalia.



MCF assisting in Somalia



Haqooq ul Ibaad

Duties towards mankind in Islam

Our Holy Qur'an was revealed to us for our guidance with Man as its Subject... Allah (swt) said

“**Ye are the best of peoples, evolved for mankind, enjoining what is right, forbidding what is wrong, and believing in Allah. (Surah Al-Imran: 110)**”

Haqooq ul Allah and Haqooq ul Ibaad are the two most important aspects in a life of a Muslim to complete his Faith. Haqooq Ul Ibaad is the duty we owe to mankind... the rights of every Muslim on the other Muslim. A Muslim who fulfils the "Haqooq Ul Allah" will also fulfil the "Haqooq ul Ibaad".

These are two different things but still intertwined. A Muslim must himself be good and must also encourage others to do good, and he must strive for the welfare of society. This duty is called – "Amar Bil Maroof", which means "Enjoining the Right". A Muslim must also refrain from sins and must try to prevent sins and corruption from occurring in society and this duty is called – "Nahi Anil Munkar" (forbidding the wrong.)

Amar Bil Maroof and Nahi Anil Munkar together form one of the most important duties in Islam for every Muslim. Fortunate are the ones who practise this in daily life to live a peaceful life in the spirit of brotherhood as one Muslim Nation.

O mankind! We created you from a single (pair) of a male and a female, and made you into nations and tribes, that ye may know each other (not that ye may despise each other). Verily the most honoured of you in the sight of Allah is (he who is) the most righteous of you. And Allah has full knowledge and is well acquainted (with all things). (Surah Al-Hujrat: 13)

In the authentic hadith of Bukhari... Abu Hurairah (R.A.) reported: the Messenger of Allah (S.A.W.) said, "Every Muslim has five rights over another Muslim (i.e., he has to perform five duties for another Muslim): to return the greetings, to visit the sick, to accompany funeral processions, to accept an invitation, to respond to the sneezer [i.e., to say: 'Yarhamuk-Allah (may Allah bestow His Mercy on you);' when the sneezer praises Allah.'.. Sahih Bukhari.

There is a hadith of when Prophet Mohammed (S.A.W.) was asked, "Who is the best Muslim?" He replied, "He is the one from whose hand and tongue ALL (Muslim, Non-Muslim, Animals, Environment, etc.) are safe" Sahih Bukhari. What a beautiful lesson taught to us, If we all sincerely follow this I think we would have not been in a situation where we stand now, where there is injustice, back biting, slandering, hatred, bloodshed etc, today humanity needs to revive on these lessons.

In another Hadith Prophet Mohammad (S.A.W.) said "None of you truly believes until he wishes for his brother what he wishes for himself." Sahih Bukhari. If only we followed all this, we can be a true Momein (believer).

There is also this beautiful Hadith that makes us ponder and realize our duties towards each other. Once Prophet (S.A.W.) was asked by the Sahabah "Do you know who a bankrupt person is?" They said "the bankrupt among us is the person who does not have any wealth. He (S.A.W.) said, "The bankrupt of my Ummah is someone who comes on the day of judgement with many rewards, (prayer, fasting, zakat), but he had accused this person falsely, he abused another, cursed a third, taken the money of somebody else, spilt the blood of someone else, he abuses his neighbour, etc. so he ends up giving them from his good deeds and if he runs out of good deeds and he didn't pay them back, then they start giving him some of their sins and he ends up going to hell fire." Sahih Muslim. On the day of judgement there will be no wealth, the only wealth that exists is hasanat (good deeds) and he has a lot of them, but because of his dealings with others and because he scored low on the scales of Akhlaq (morals) and he was cursing people, backbiting others, causing fitan (mischief), He has to pay them back. Everything must be sorted out. He will pay them back and if his good deeds are not enough, he will start receiving

some of their sins and will end up going to hell fire. This clearly states how much Islam Values about Good Conduct. And indeed our Prophet (S.A.W.) is the Best example to follow as how to fulfil our duties and rights towards mankind. Whatever has been done to any of the humanity (Allah's Creations)... We are answerable on the day of Judgement... and Allah (swt) will not forgive us unless the person who we hurt or did injustice to forgives us... such is the Value of humans and all this comes under Haqooq ul Ibaad. We have to live our life in accordance to the guidelines of Islam.

Every single person from our Parents, brothers, sisters to relatives, neighbours, traveller, strangers, every person has to be treated fairly and in the best manner. We will be accounted even for our behaviour towards animals and the environment. Allah (swt) created us as Ashraf Ul Maqlooq and as Muslims we belong to the best Ummat. Indeed we have been given so many favours and it's our responsibility to give back to Allah (swt) by loving him and being grateful to him. In these Quranic Verses Allah (swt) has clearly stated how we are supposed to be among each other as one.

"So give what is due to kindred, the needy, and the wayfarer. That is best for those who seek the Countenance of Allah and it is they who will prosper". (Surah Ar-Room: 38) And hold fast, all together by the rope which Allah (stretches out for you), and be not divided among yourselves; and remember with gratitude Allah's favour on you; for ye were enemies and He joined your hearts in love so that by His Grace, ye became brethren; and ye were on the brink of the pit of fire, and He saved you from it. Thus doth Allah make his signs clear to you: that ye may be guided." (Surah Al-Imran: 103).

Islam is the most beautiful religion. It's our way of life, Allah (swt) has guided us through the Holy Quran and by sending Prophet Mohammed (S.A.W.) as a Mercy to mankind. We just have to follow, and be the obedient believers. Haqooq Ul Allah and Haqooq Ul Ibaad both go side by side and a Muslims life is all about these two and how we fulfil this responsibility. If there is a sin committed by us it's between us and Allah (swt) and Allah (swt) can forgive us. But if there is a sin committed between us and someone else, then that has to be sorted out between the two. Allah says: A person's duas are left hanging in the air until he clears his affairs with humanity. So we have to be very careful with our conduct towards Allah's creations. Haqooq ul Ibaad comes under Haqooq ul Allah. We have to fulfil our rights towards Allah's creation as Allah (swt) has asked us to do... It's the duty we owe to mankind and mainly to Allah (swt) and a great source to strive for Jannah.

May Allah (swt) guide us on the right path in fulfilling the Haqooq Ul Ibaad and make us strong in our faith... Ameen



A token of appreciation



Gayatri Choudhury
Fundraising Officer
Mater Foundation

The wonderful team from Muslim Charitable Foundation (MCF) came by this week to present Mater Mothers' Hospital Director of Nursing and Midwifery, Maree Reynolds, with 100 jars of cookies for the hardworking staff at Mater Mothers' Hospital Brisbane as token of appreciation. MCF aims to offer help wherever they see need —and wanted to show their appreciation for the dedicated staff who work tirelessly to support the community. Thank you so much for your generosity, MCF!



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Fatimah's Story



Fatimah was born in war-torn Iraq with Spina Bifida eight years ago. She is paralysed from the waist down and only has half a kidney situated in her naval area. She is eight years of age but only the size of a three year old. She is a very intelligent child. In other words, she has a mature head on her shoulders. Her father was tortured until he signed over his business and house to the Iraqi Mafia and told to leave Iraq. They would kill him if he returned. He managed to escape to a Turkish refugee camp with his wife and two young daughters. His parents and brother were killed by the Iraqi Mafia. Fatimah needed help for her medical condition which was not available in the refugee camp in Turkey. Her mother sold her jewellery and family possessions for the father to bring Fatimah to Australia. Her mother and baby sister had to remain in the refugee camp in Turkey.

They arrived by boat on Christmas Island five years ago. With her medical condition and on a cramped boat it was a harrowing journey for Fatimah. A visitor on the Island took pity on this beautiful young disabled girl and bought her a small wheel chair. Eventually they were sent to settle in Brisbane but the father could not work as he is Fatimah's fulltime carer. Fatimah has had several operations in the Lady Cilento Children's Hospital and is due to have a major spinal operation in November. Children with her condition have a short life span. She misses her mother and is overly dependent on her devoted father who has sacrificed so much to make her life easier for her. Since being granted a three year protection visa, the father has to provide her nappies and food supplements (she has tubes in her side for food supplements) as well as to meet the cost of rent, food etc. The Muslim Charitable Foundation (MCF) has helped on several occasions to provide some relief. Fatimah has earnestly begged her father to take her to see her mother. She does not feel comfortable of him changing her nappies as she is growing up and wants her mother to care for her personal needs. A community notice was sent out to raise funds for the tickets and one month stay in Turkey for Fatimah and her father.

All the paper work and lodgement for tickets, visas, application to return to Australia, etc had to be lodged. The Osman family took charge of fund raising and Janeth Deen, on behalf of MCF, took charge of applications for visas, tickets and ensuring they could return to Australia as they are still classed as refugees. The family had to go to Sydney to be interviewed for the visa to Turkey as they do not have passports, just travel documents. The Visa application had to be processed in Turkey as they do not have passports. All thanks goes to Janeth Deen and the Turkish Consul General for facilitating the visa. Also thanks to Steve Biddle from the Department of Immigration and Border Protection who assisted with the visa application for them to return to Australia. Shyam Das from Target Travel and Tours arranged the tickets for the flights. Osman Rane personally will cover the expenses for their stay in Turkey. Centerlink has stopped all payments to the family until they return and apply again for payments. National Zakat Foundation has agreed to pay the rent on their unit whilst they are in Turkey to ensure they have a place to return to. On her eight birthday the Osman family brought a home-made ice cream cake, presents and handed the tickets to Fatimah for her and her father to go to Turkey. Janeth was present to represent Muslim Charitable Foundation (MCF). Janeth (on behalf of MCF) and the Osman Family are so thankful that, through community support, including The Turkish Consul General, Dept of Immigration and Border Protection and financial donations from the community, this little disabled girl could have her desire granted to see her mother after a separation of five years. Fatimah and her father wish to thank all the donors and people involved in making her greatest wish come true.

Muslim Charitable Foundation wish to thank all donors and say that only with your support are we able to assist such cases and this is one of many. Please support us by donating generously. Please see donation page.



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MAA is accredited by the Department of Foreign Affairs and Trade (DFAT), responsible for managing the Australian Government's aid program.

“The Messenger of Allah (peace be upon him) said, “One who strives to help a widow or the poor is like one who struggles in the cause of Allah.”

-Sahih Muslim



“Do not turn away a poor man... even if all you can give is half a date. If you love the poor and bring them near you... God will bring you near Him on the Day of Resurrection.”

- Al Tirmidhi



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