

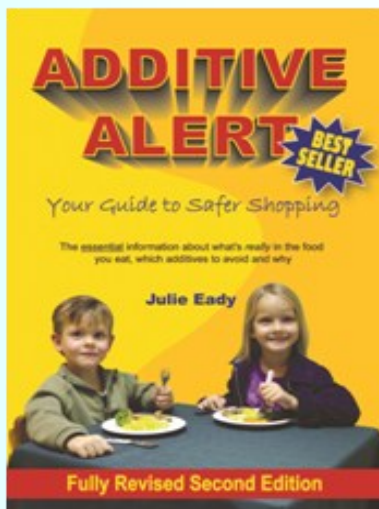
Healthy Living:

PROUDLY
BROUGHT TO
YOU BY :



A practical way to avoid unnecessary chemicals and additives in your daily life

A LADIES Information session presented by:
Louise D'Allura, Qld's Additive Alert Community Talks Presenter
& *Carolyn Donovan*, model & authoress of "Chooks in Stilettoes"



- What's really in the food we eat?
- How to avoid food additives linked to health, learning and behavior problems
- How to read and interpret food labels
- What's in the beauty products we use?
- Learn about the magical beauty secrets hiding in your pantry
- Ways to 'upcycle' fashion and lead an earth-friendly lifestyle

Date: Saturday 18 May 2013

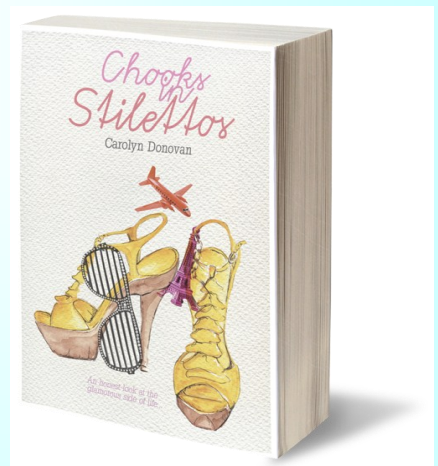
Time: 1.30pm - 4.30 pm

Where: Springwood Community Hall, 53-57 Cinderella Dr & Vanessa Blvd, Springwood

Cost: \$15 (Includes gourmet high tea)

For Tickets, please contact:
Fawzia : 0405 035 786
Raeesa : 0431 634 874
Razeena : 0404 807 863

Prayer facilities available.



NOTE:
NO TICKETS WILL
BE SOLD AT THE DOOR.

SELL OUT EVENT, NOT TO BE MISSED!

<http://tinyurl.com/healthy-living-with-CoB>