



Fostering a healthy Brisbane lifestyle through sport, entertainment, education and culture



Sunday, 9 January 2004

This issue of CCN is kindly sponsored by
Nandos Underwood

Assalaamu-alaikum

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www.crescentsofbrisbane.org and download the pdf version of Newsletter 0011]

Coming soon....at a park near you

Crescents **Kids4Kids** Circuit-thon

A fund raising sponsored walk in the park organized by Crescents of Brisbane for the children (and the forever young-at-heart) of our community to demonstrate their support for and to identify with the orphans of the Tsunami Disaster


Check www.crescentsofbrisbane.org for details

Kuraby Curry - Catering For A Good Cause

Every Jummah, for the past three years, and without fail, a team of dedicated, unassuming men and women tirelessly organise and prepare some 100 curry and rice meals for the Musallees of Kuraby Masjid. The ingredients (meat, rice and spices) are supplied free of charge by donors who insist on remaining anonymous as do the three ladies who prepare those large pots of delicious curry and rice. All the proceeds from the sales go towards the upkeep of the Mosque.

After some more than gently persuasion on the part of our tenacious *Man-on-the-Mussallah* we can at least report the names of the three gentlemen who do such a sterling job of co-ordinating and serving up the meals on the day. They are brothers **Mian Waqar, Osman Mohamoud and Murad Ali.**



CCN would like to give them and all associated with this very popular service the big  for a great effort!

Howzit, Hello daar, Eita!


Fancy tuning in to Egoli, Carte Blanche, *Liriekerai*, Kwela, Boots 'n All - from the convenience of your PC? M-Net has launched its latest innovation in broadcasting, M-Net on Demand, which streams the cream of M-Net SA's video content to South Africans abroad via broadband Internet. So if you are still suffering from withdrawal symptoms from not getting your weekly dose of SA soapies and live sport you can now subscribe to the channel (www.mnetondemand.com) and get your fix. Anyone can register on the site to view the "Open Channel" content if only just to hear some of those accents and *SA lingua franca* again.

Bollywood in Brisbane

Is Bollywood suddenly developing a social conscience? If **Sawdes** (currently showing at the Regency Cinema, Queen Street Mall) is anything to go by then there seems to be a new trend to direct Indian cinematic talent (and audiences) toward relevant social commentary in marked contrast to song-and-dance-a-minute, exotic locations and drop-dead gorgeous actors and actresses (not that there aren't any in this movie). **Swades** (from the same team that produced the excellent **Lagaan**) is a less than subtle clarion call to those who have left the motherland for western countries to return with their newly acquired talents and help build badly needed local infrastructure. (You can draw your own parallels, if you want to, between your move to Australia and the country of your birth). There are several home truths delivered throughout the movie like the tendency of locals to blame everyone, other than themselves, for their plight; their feeling of superiority over progressive countries when it comes to matters of tradition and culture; or their inability to see the inherent racism in the caste system. Even the NRI (the Non-Returning Indian) is not spared a barb or two. If you are looking for a feel-good, escapist movie then this one is not for you. My one criticism however concerns its length – this is an under two-hour movie that has been unnecessarily stretched out to three hours.

Your CCN needs you!

You can sponsor an issue of CCN and get some mileage for your business, product or service for just **\$50** an issue. This buys you an acknowledgement at the top of the page and a block of promotional space.

‘Go on! Be a (wo)man! Do the right thing!’ 

E-mail us to book an issue (or two) and help ensure CCN's continued survival.

The Classifieds

Are you looking for something in particular or want to sell some of those unwanted items at home? Advertise it for free in CCN. E-mail the details to your team@cresentsofbrisbane.org.

Hajj 2005

Handy Hajj Hints No. 5: When you visit the Haram always take along a bag to store your sandals in. This way you will always have your shoes with you and you don't have to fear losing them, having them stolen or forgetting where you left them. Invariably you will enter through one gate and find yourself exiting from another.

From the Hajj Diaries (Continuation)

It is time for tawaaf. The whole process from start to finish takes us around eight hours. We start at Zohar and finish off at Esha, completing the seven rounds of the Tawaaf in around two hours on the more circuitous 6km, second floor with mother in tow. Here the crowds are fewer and more spread out than on the ground floor, and the afternoon sun is spared us while overhead fans en-route become an additional blessing. As each Salaat approaches people begin to encroach and annex our track for prayer space forcing our lines to congeal into a single file despite the half-hearted attempts of the guards to stem the tide. We stop dead in our tracks at the sound of the Azaan and read our Salaat in an area the size of a postage stamp. In front of me is a woman into whose billowing outer garment I become entangled each time as I rise from Sijdha. Now I understand why women were meant to pray behind men. We walk at a 15-minute a round pace keeping mother in check throughout. Having forgotten to bring along my counting beads I devise a plan to transfer one Saudi Riyaal note from one pocket to another at the completion of each round. There are strict injunctions not to do more or less than the stipulated seven and it is uncanny how after a while the count always seems one more than it actually is.

Now for Safa-Marwa. Seven rounds to go and I can already feel the protective properties of the strategically applied Vaseline under my Ihraam start to wear out. I adopt an altogether new walking style of a man clearly at odds with the nether regions of his aura.....

Why CCN is reluctant to start up a 'Lonely Hearts Column'

A man placed an ad in the classifieds: "Wife wanted."

The next day he received a hundred letters.

They all said the same: "You can have mine".

Qurbani in a Can

Human Appeal provides fresh and canned Qurbani meat on the days of Eid Ul-Adha. The organization cans most of the Qurbani meat that it distributes. One Qurbani can make 24 cans, which will benefit approximately 48 people not only on the time of Eid, but at later date as the shelf life of each can is 4 years.

Some of the benefits of canning (according to HAI) are:

- Prior to canned meat, much of the Qurbani meat was wasted due to it being unfit for consumption by the time it reached those in need.
- Canned meat is pre-cooked and has a long shelf-life without the need to be refrigerated.
- Canned meat is hygienic and ready for immediate consumption, in addition it can be transported to almost anywhere in the world

Come Alive in 2005!

Back from your holidays? Time to shed those extra kilos and get back into a good regime of healthy eating and exercise!

Remember you're never ever too WISE to become a

CresFit4Life-er



See you and the family at Kangaroo Point on Sundays at 7.30 am!



TO: team@crecentsofbrisbane.org

Subject: Another dedicated CCN reader :-)

.....My Dad sent us one of your newsletters and I subscribed so that's how I know about it and I find it quite witty and entertaining. Usually I don't have much time to read any emails other than the work-related ones but I make an effort to browse through and read the articles that catch my eye:) Thanks and keep up the excellent work! [Overseas subscriber]

[Editor] Now look what you've gone and done! You've got everyone at CCN blushing right through their dark, sun-burnt skins! 😊

Thanks for those kind words and support (...the cheque is in the mail... 😊).

Subject: Suggestion

In view of the Tsunami Disaster I wish to make a humble suggestion that CCN consider making an appeal to the community for assistance in cash or kind to disaster hit countries and channel it through relevant aid organisations. [Anonymous]

[Editor] Crescents of Brisbane is taking on board suggestions for raising funds. Watch this space!

A Word From This Week's Sponsor



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The best ideas and the best feedback come from our community of readers. If you have any news that you think might be of benefit to the Crescents Community then please e-mail your team@crescentsofbrisbane.org.

If there is someone you know who would like to subscribe to CCN please encourage them to send an e-mail to your team@crescentsofbrisbane.org with the words "Subscribe Me" in the subject line.

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